

# TRAINING OPPORTUNITY

## Understanding and Supporting

### Youth At-risk for Suicide and Bereaved by Suicide: What ALL Schools Need to Know about Suicide Prevention and Postvention

Monday, October 28, 2019 or Wednesday, October 30, 2019

8:00 am – 5:00 pm

\$285 (includes breakfast/lunch/snacks/all materials)

#### Location:

### National Suicidology Training Center

3013 Old Forge Drive, Baton Rouge, La 70808

Local contact: Dr. Frank Campbell, [fcampbell@brcic.org](mailto:fcampbell@brcic.org)

#### Learning Objectives:

In this one-day intensive training, participants will:

- Identify the steps in developing a comprehensive suicide prevention and postvention program for youth within a school or community setting.
- Expand their knowledge about evidence-based curriculum that can be used to educate youth, school staff, and parents about the warning signs of suicide, and how to identify youth who may be at-risk.
- Learn key components of school-based postvention, utilizing an elearning module designed to help school communities move forward after a suicide.

#### Training Facilitators:

#### Sandra T. McNally, MA, LISAC

Sandra McNally is a Master-level counselor and Licensed Independent Substance Abuse Counselor in the State of Arizona. She has worked in a variety of inpatient, outpatient, and school settings as a counselor and administrator since 1987. In addition, she has been an adjunct professor since 1995 at institutions, such as Rio Salado College and Grand Canyon University, teaching various counseling classes and advising graduate-level practicum students.

Since 2000, Sandra has directed suicide prevention and postvention programs for EMPACT-Suicide Prevention Center (SPC) in the state of Arizona. She is on the Board of Directors of the Arizona Suicide Prevention Coalition and serves on the Special Interest Group for Postvention for the International Association for Suicide Prevention.

Through her work at EMPACT-SPC, Sandra has conducted trainings and workshops at various national and international conferences for the American Association of Suicidology, the International Association for Suicide Prevention, and the European Symposium on Suicide and Suicidal Behavior. She specializes in youth suicide prevention and school-based postvention, Survivors of Suicide Loss program development, and Local Outreach to Suicide Survivors (LOSS) Teams.

#### Renée Ouellet, MSW

Renée Ouellet has a Master of Social Work from Arizona State University and has worked as a Prevention Specialist for La Frontera, EMPACT-Suicide Prevention Center since 2010. She was instrumental in the implementation of psychoeducational and mental health screening programs for youth in the Gila River Indian Community, and greater Maricopa County. Renee has facilitated drug prevention programs and a senior peer counseling program as a member of EMPACT's prevention team. She has also provided suicide prevention trainings and workshops locally, nationally and internationally.

Renee has a diverse background in her practice as a social worker to include vulnerable populations struggling with food insecurity, assistance with housing and financial services, and also has experience working with incarcerated individuals with drug and alcohol related convictions. She received recognition from the Tempe Community Council for her work with low-income families as a member of the Tempe Financial Stability Initiative.

Currently, Renee oversees bachelor and master level interns as a field liaison for EMPACT-SPC's Prevention Department in partnership with the School of Social Work at Arizona State University. She also oversees a Master of Public Health student who is conducting fieldwork in the area of suicide prevention.

This event has been approved by the Office of Behavioral Health, Department of Health, State of Louisiana for 7.5 contact hours of General Social Work Continuing Education. The Office of Behavioral Health is an authorized approval organization of the LA Board of Social Work Examiners. The views expressed by the presenter(s) do not represent the opinions or policies of the Office of Behavioral Health.

Register at <https://nstcyouthsuicide.eventbrite.com/>